Brief Intervention (IBA) pathway

AUDIT-C
(3 questions)

→ Where individual scores below 5, no further action required

Where individual scores 5+, ask remaining 7 AUDIT questions for total score

AUDIT Score 0-7	AUDIT Score 8 -15	AUDIT Score 16-19	AUDIT Score 20+
Congratulate and reinforce benefits of lower risk drinking.	Deliver 'Brief Advice' e.g using 2-sided *Brief Advice Tool.*	Deliver 5 mins 'Brief Advice' using 2-sided &/or offer 20-30 min follow-up session of Extended Brief Advice.	With patient consent, refer to either: INSERT SERVICES HERE

Lower risk

This level of drinking means that in most circumstances you have a low risk of causing yourself future harm

Increasing risk

Drinking at a level that increases the risk of damaging your health and could lead to serious medical conditions.

Higher risk

This level of drinking has the greatest risk of health problems.

Where individual does not respond to Brief Advice or wants to discuss further, an 'Extended Brief intervention' (i.e. 20-30 mins motivational interviewing), should be offered.

Drug and Alcohol practitioners or those trained in Motivational Interviewing can deliver a number of 'extended brief interventions'.